

Long COVID Pathway



How has it been developed

Experienced clinicians

Tailored Talks has been developed with some of the most experienced clinicians in Scotland

Input from patient

Direct input from patients and charities has meant a complete pathway has been designed

Developed with regional innovation testbed

Supported and codeveloped with HISES, alongside DHI.

Scalable solution

Scalable solution - integrations into Scottish Healthcare record and modular design

Clinical priorities

Identified as one of NHS Lothian's clinical priorities

Pilots

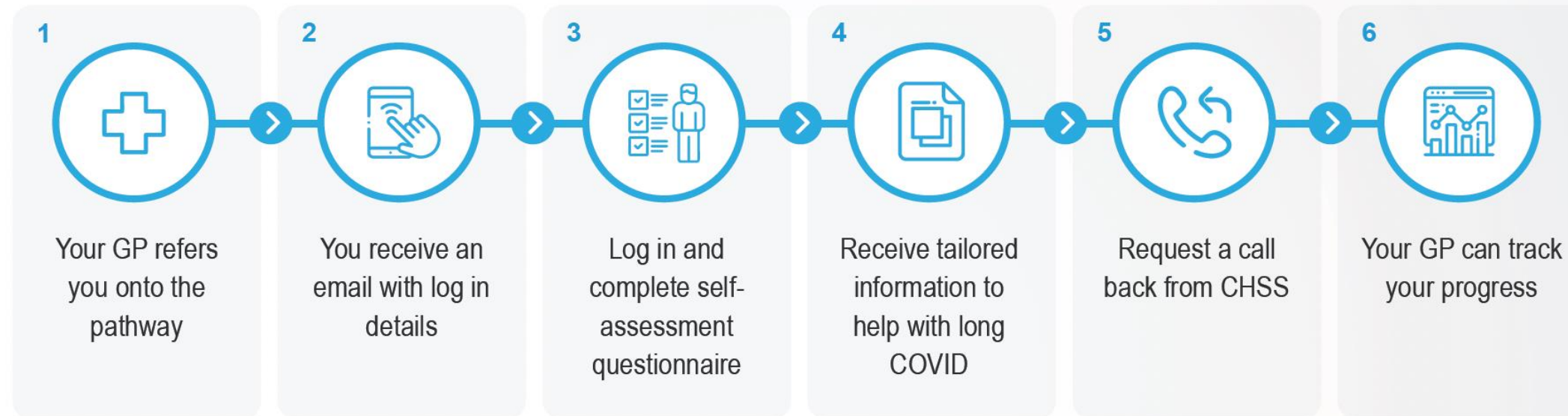
Piloting in NHS Lothian, Lanarkshire, and Fife.

Beyond Scotland

Looking to scale beyond Scotland with the help of partners

Our long COVID pilot

MyTailoredTalks – a digital care pathway for people living with Long COVID



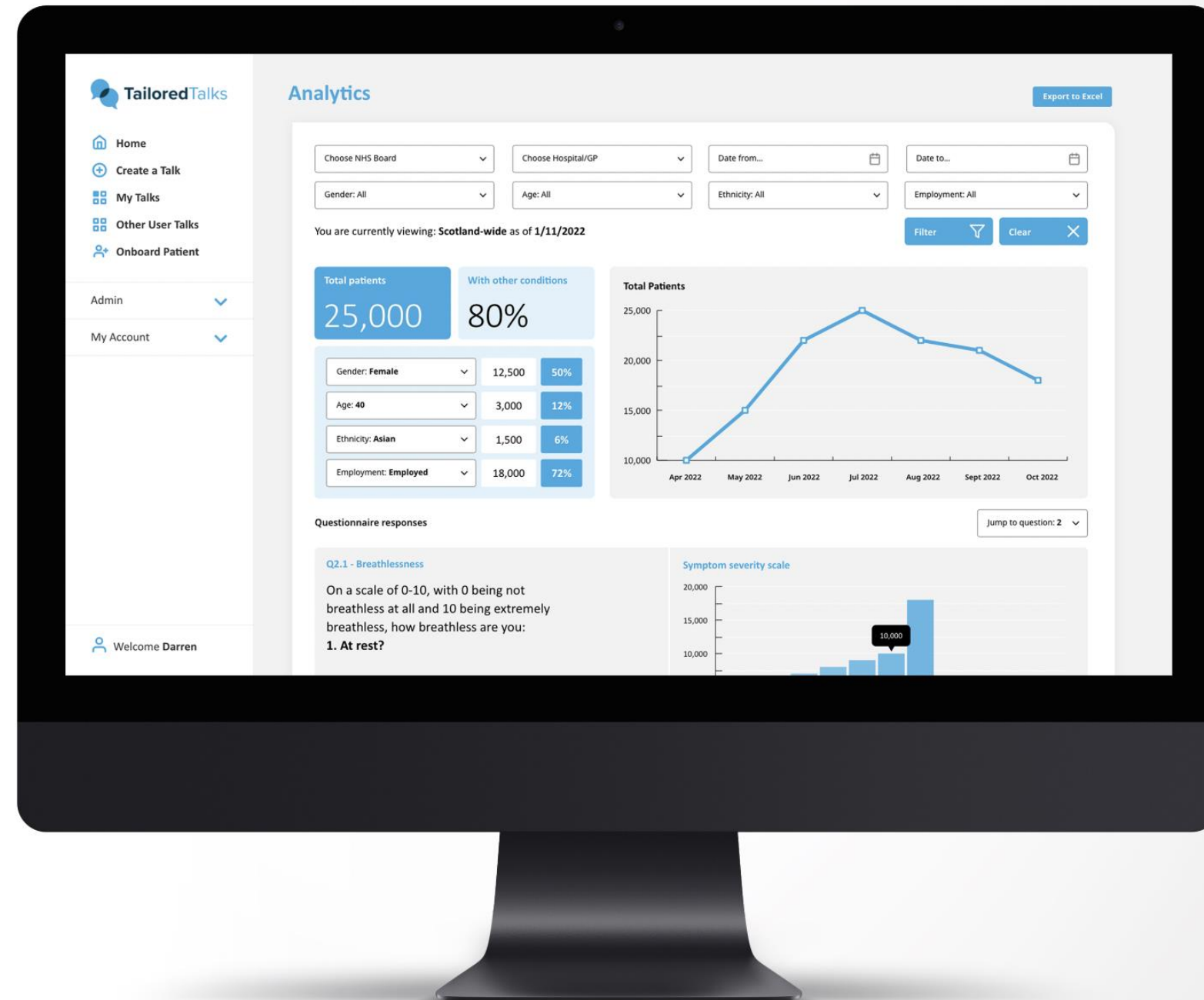
Patient quotes

“The talks were good and useful – they were about the right length and got to the point.”

“I got great help, especially learning the breathing exercises and how to use my lungs properly. I’d recommend the service to anyone.”

“Good to have information directly from the NHS as it can be difficult to get solid information from the internet.”

Clinical analytics



Data Analytics

2nd June 2023

228  5

TOTAL PATIENTS ONBOARDED

184 (81%)  1

PATIENTS WHO HAVE REGISTERED

65 (65%)  1

PATIENTS WHO HAVE BEEN DISCHARGED

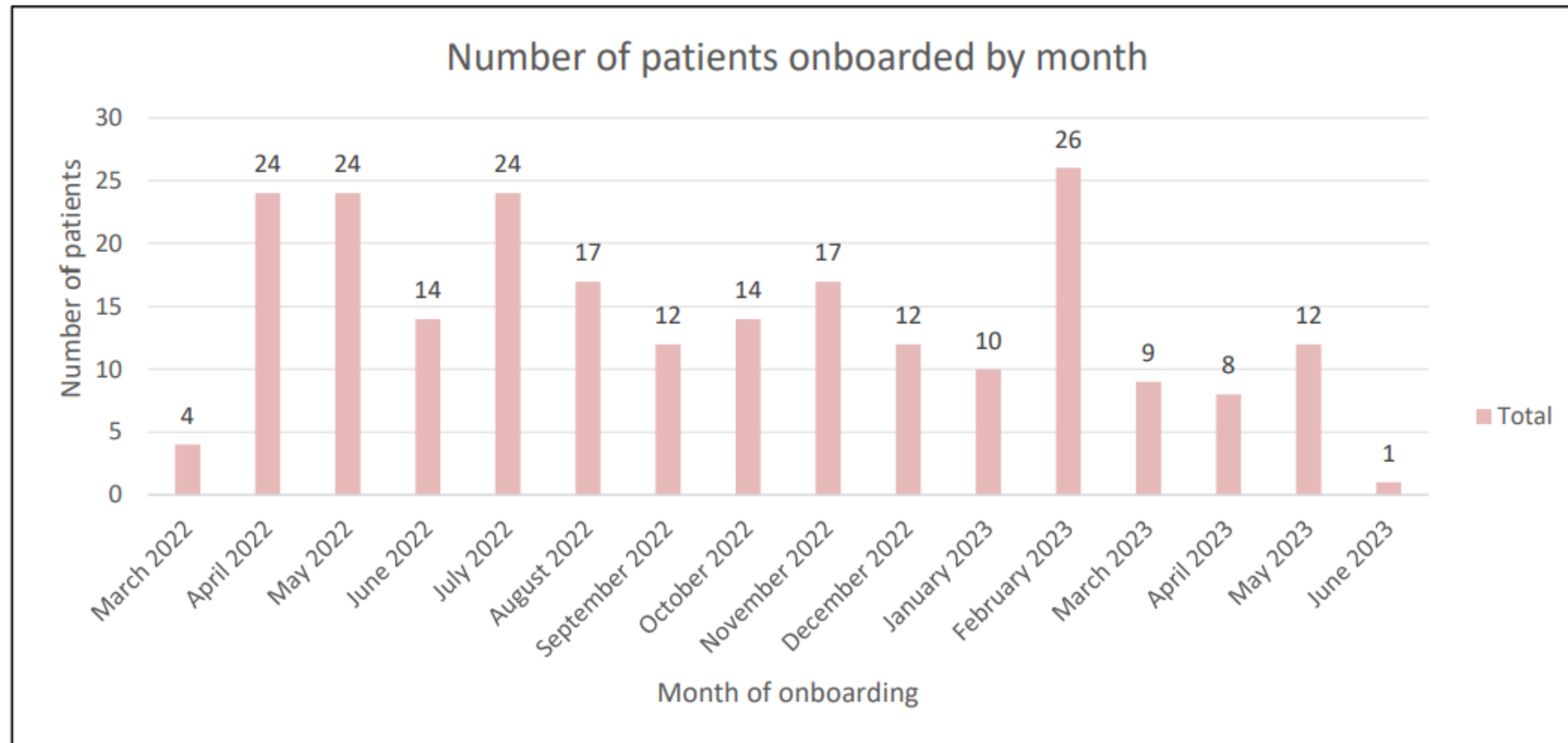
816

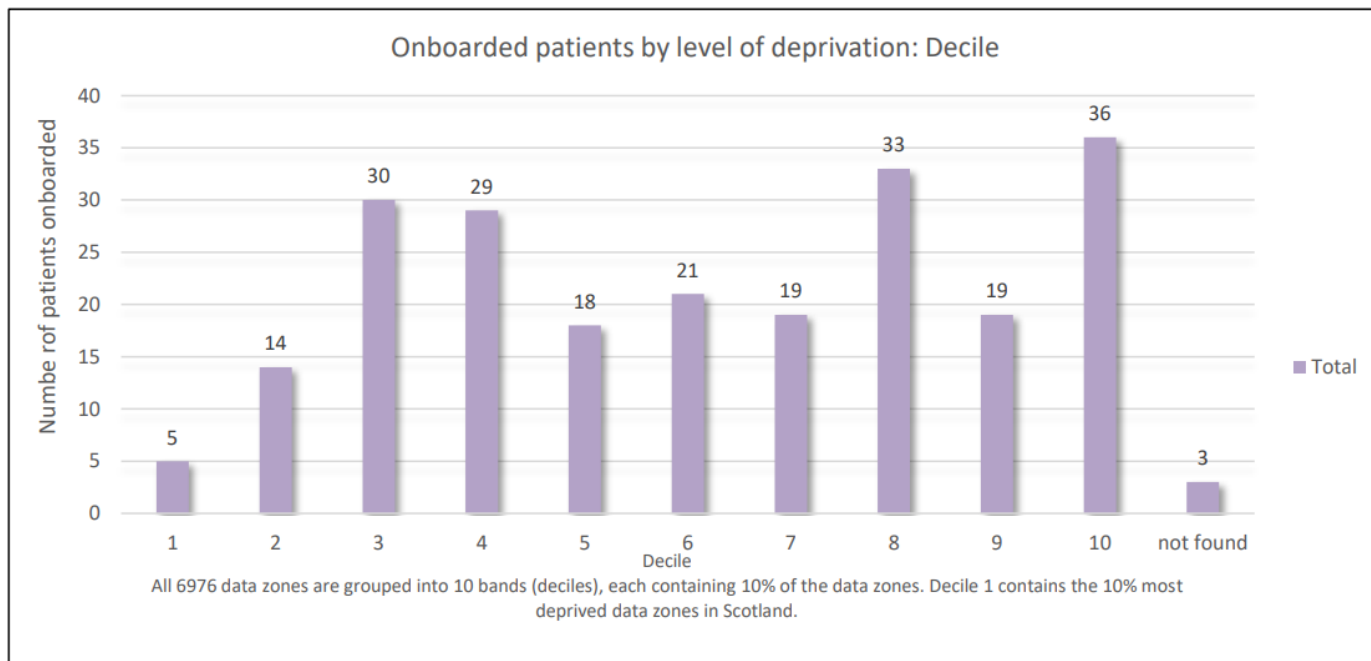
TOTAL NUMBER OF TALKS
SENT TO PATIENTS

83 (49%)

PATIENTS WHO HAVE
REQUESTED A CALLBACK

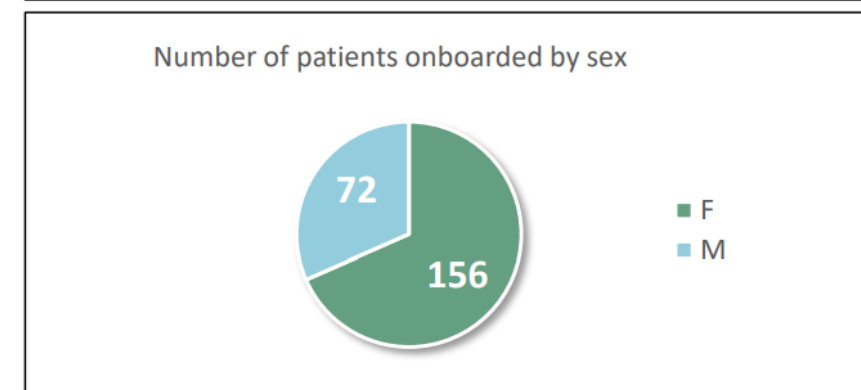
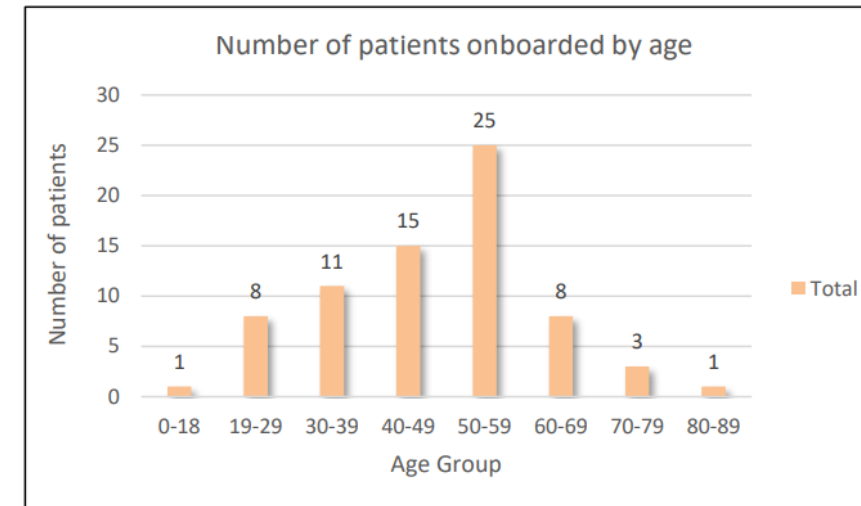
REFERRALS RECEIVED	267 (+6)
REFERRALS ACCEPTED (one duplicate)	228 (+5)
REFERRALS REJECTED -Non pilot GP (12) -Error with email (7) -No diagnosis of long covid (4) -Duplicate (16)	39 (+1)





Map of patient SIMD and TT user postcodes:

<https://www.arcgis.com/apps/instant/basic/index.html?appid=7c1ee26eca0f476f9a765ee0750a7b07>



172 (93%)
PATIENTS WHO HAVE COMPLETED 1ST SELF-ASSESSMENT

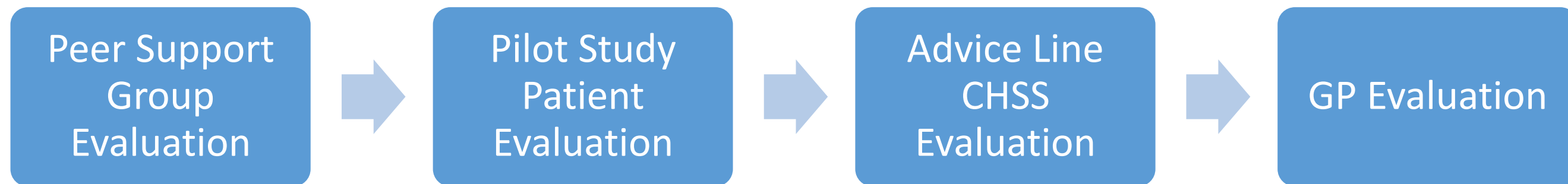
63 (45%)
PATIENTS WHO HAVE COMPLETED 2ND SELF-ASSESSMENT

3 (30%)
PATIENTS WHO HAVE COMPLETED 3RD SELF-ASSESSMENT

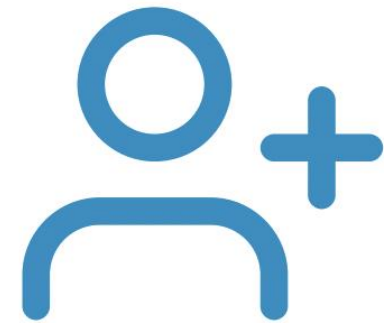
Project Phases



Evaluation & Feedback



Benefits of Tailored Talks



Patients

- Tailored guidance to help effectively self manage their condition
- Links into the charity sector for further support
- all of their information on an easy to use app/web platform



Clinical systems

- Effective self management advice reduces readmissions
- Accessibility tools for equity of access
- Less paper used than traditional leaflets and pamphlets